

STUDY SKILLS IN MATHEMATICS

FACULTY OF MATHEMATICS
UNIVERSITY OF CAMBRIDGE

This guide is intended for first-year students, but can often usefully be read by students in later years.

1. INTRODUCTION

Learning mathematics is very different from learning other subjects, as anyone who tries to read a mathematics text book soon finds out. And learning mathematics at university is very different from learning mathematics at school, as anyone who sits through a university lecture soon finds out. *Intense* is the word that springs to mind when trying to describe the difference in style between school and university mathematics.

Lectures are intense compared with lessons because there are comparatively few of them; supervisions are intense compared with lessons because you go over a week's work in a single hour; work is intense because terms are much shorter (the 8 weeks looming ahead of you may seem an eternity, but at the end of term you will be wondering what happened to the time); and examinations are intense because you have to cram a year's work into 4 three-hour papers taken in the space of a few days.

This booklet is intended specifically for first-year mathematicians: it was written to help you make the most of your time at Cambridge.

Related Faculty documents that you may wish to read, including the Faculty's statement on recording of teaching sessions and guidance on the use of AI in the Mathematical Tripos can be found at www.maths.cam.ac.uk/undergrad/.

There is also guidance that is specifically intended for supervisors. You may well find it interesting and even useful to read the advice we give them on how to supervise. The pdf version can be found at www.maths.cam.ac.uk/undergrad/supervisions/. There's even guidance intended for lecturers which you may find interesting: www.maths.cam.ac.uk/internal/teaching/lecturer-guidelines/.

2. LECTURES

The really big difference between school and university is in lectures. The lecturers have only 12 lectures a week in which to give you enough material to keep you occupied for the other 156 hours. Therefore, the material comes at you pretty fast.

It follows that, whereas at school you probably expected to understand what the teacher said as it was said, here there will be great chunks of the notes which you will not understand until you have worked on them later: line by line, if necessary. Even then, there may be some parts of the course that only really become clear when you come to revise the material.¹

Date: September 15, 2026.

¹Reread this last paragraph! It is easy to become discouraged if you do not fully appreciate this message.

Nevertheless, it is very important to try to understand as much as possible of what is being said as it is said. Apart from saving time later, you may otherwise miss vital explanations and insights: the lecturer's commentary on what he or she is writing is what makes lectures more instructive than simply reading a textbook. So:

- Do make the effort to concentrate.² We have all heard that, in a mathematics lecture, what the lecturer writes on the blackboard goes straight into the student's notebook without passing through the brain of either. You should do everything in your power to prevent this happening: sit near the front if you find 50 minutes of mathematics a strain; don't let your thoughts wander; don't keep checking your phone (it should be turned off!); and remember that concentration is in large part a matter of self-discipline and practice.
- Do ask questions during the lecture rather than let some difficulty pass by. If the lecturer is writing too fast, or too illegibly, or is speaking too quietly for you, it is likely that others are having the same difficulty.
- Don't be afraid to ask what you may think is a silly question. Nine times out of ten, most of the rest of the audience will be impressed (if only with your bravery) and many of them will also want to know the answer. And it is just possible that the lecturer has made a mistake.³
- Do try to appear responsive: look up when you have finished writing and are ready for more (this helps the lecturer pace the lecture); look puzzled when you are puzzled (so that the lecturer knows when more explanation is required); allow a gleam of recognition to surface if you suddenly realise what is going on. (Bob Hope, the American comedian, used to say that he liked British audiences, because even if they don't feel like laughing at one of his jokes, they nod their heads to show that they have understood it.)
- Don't miss lectures and rely on watching recordings⁴ or getting notes from a friend. You will understand the material much better if you were there to hear the explanation yourself.

The usual convention in lectures is that you should write down exactly what the lecturer writes on the visualiser or blackboard.⁵ You may find that you can supplement this a little during the lecture but often there will not be time. Here are some important trivialities:

- Write the page number and lecture number on each sheet; if you drop your notes or get into a muddle photocopying them, you will find that one page of mathematics looks very like any other. This may seem a ludicrously trivial point. A few years ago when there was a severe water shortage the water boards put out an advertisement

²The brain is a wonderful organ; it starts working the moment you get up in the morning and does not stop until you get into the office.' Robert Frost (American poet 1874 – 1963).

³Lecturers are only human after all. But remember to keep the atmosphere in the lectures professional; other students – and the lecturer – usually do not appreciate an interruption if it appears that the question is not to clear up a genuine confusion but rather to show off.

⁴From the Faculty Statement on Recording of Teaching Sessions: 'We expect students to attend all lectures in person where possible. We believe that almost all students will learn more effectively by attending lectures in person and by interacting with other students.'

⁵In some lectures, you will receive hand-outs ranging from a summary to something resembling a text book. You may still want to take notes in the lecture, annotate the handout, or make your own summary notes after the lecture.

telling everyone to turn off the tap while brushing teeth. The purpose was not just to save the cupful of water, but to put people in the right frame of mind for making other more significant savings. You will find that numbering your pages will help with the overall orderliness that can be a great time saver.

- Leave wide margins; you will certainly need to annotate when you go through later.
- File your work (annotated lecture notes and supervision material) in an orderly way; this will save a lot of time when you come to revise.

Here is the most important tip: **you will save an immense amount of time if you always get to grips with one lecture before going to the next.** This way, you will get much more out of the lectures, which will in turn save time when you go through your notes later. You should therefore set aside a slot each day for going through your lecture notes — not just reading them, but working through them line by line. This is easy to say but hard to do; as soon as you fall behind it requires an enormous effort to catch up again. One final point. You may think that the lecturer is talking to you as a big group, but the lecturer actually sees a large number of individuals. You should extend to the lecturer the normal courtesies of an individual conversation; behave as if the lecturer is talking to you personally. Don't, for example, spend the lecture chatting to your neighbour or reading the newspaper. This is most distracting for the rest of the audience and also for the lecturer, and is a sure recipe for a poor lecture. And **please** remember to turn off your mobile phone in lectures; or, better still, leave it in your room.

3. LECTURING STYLES

You will find that lecturers adopt a range of strategies for conveying to you the material listed in the schedules.

For example, some lecturers work entirely on the visualiser or blackboard; some give out a complete set of printed notes; some cover theory (say) on the blackboard and give out the examples (say) on hand-outs; some give out notes with gaps for diagrams or equations to be filled in by you. Some styles will suit you better than others, but it is very much a personal matter; do not assume that others will agree with you about what is best.

Often, students — especially first-year students who are used to A-level learning methods — want complete printed lecture notes, thinking that this is what they need to *learn* the material, as from a text book. That may be so, but the aim is to *understand* the material, which is a very different matter. For this, it may be much more useful to have a carefully distilled set of notes that brings out all the main ideas; the work you do in fleshing out the details will serve you far better in the long run than reading a complete set of printed notes.

4. SUPERVISIONS

Whereas lectures are to some extent interactive, this is very much the case with supervisions. A good part of the responsibility for making the supervision useful and interesting lies with you. Remember that most supervisors are human beings too: they like you to talk to them and show an interest (e.g. by asking questions) in what they are telling you. A supervision should not be a mini-lecture; if it turns into one, then that is a valuable opportunity wasted.

Generally, in a mathematics supervision, you sit at a desk with your supervisor who will write out solutions to exercises or explanations of pieces of mathematics on paper. You should

not take notes yourself; leave your mind completely free to concentrate on understanding everything your supervisor says. At the end of the supervision, you take away what he or she has written and (best) use it to annotate, correct or complete your own supervision work or lecture notes, or (second best) file it with your own work. Your supervision partner can use the notes after you, or save them digitally in some way.

If you find that you come away from the supervision without adequate notes, you should discuss the matter with the supervisor either by e-mail or at the beginning of the next supervision. It is **your** supervision, so the supervisor should try to fit in with what you want.

You **must** hand your work in well before the supervision, and certainly by the time specified by your supervisor.

Your work should be neatly and clearly presented. If your work is scribbled and scruffy, then you should rewrite it.⁶ You will not regret time spent on this: clarity of presentation comes from and leads to clarity of mathematical thought.

It should be logically and carefully argued otherwise it is not mathematics. You may *think* you can do a problem before you even set pen to paper, but you don't *know* that you can do a problem until you write out all the details. Also, unless you are in the habit of writing careful solutions, you will come unstuck in the examinations when you do not have the opportunity to explain what you really meant.

If you do not make good use of supervisions, then you will squander one of the most important (and expensive) assets that Cambridge has to offer. Experience has shown that to make best use of your supervisions, you should:

- bring your lecture notes to the supervision, having marked in the bits you don't follow;
- hand your work in on time, so that it can be marked thoroughly;
- mark your own work: make a note in the margin wherever there is a step you are not sure of, or which you have missed out. This is not just to help your supervisors, though it will undoubtedly make their lives easier: a self-critical approach to your own work will prove invaluable when it comes to exam time;
- tell your supervisor (if appropriate and polite) exactly what you would like him or her to do — remember that sometimes your supervisor will have much less experience of supervisions than you, and will be glad of your advice;
- don't be afraid to say you don't understand something or couldn't do something — your supervisor is there to help you not to judge you, and this is your big chance to fill any gaps in understanding and learn how to do the things you were stuck on;
- similarly, don't be afraid to hand in partial solutions to questions you couldn't complete; your supervisor will then be able to see where the sticking point was;
- make sure your supervisor writes down enough on each example for you to reconstruct the solution afterwards;
- have an intelligent question ready in case the supervision is grinding to a halt with time to spare;

⁶Please read that sentence again. It is really disrespectful to hand in scruffy work; why expect the supervisor to spend time trying to make something of it when you can't be bothered to present it nicely?

- review the supervision as soon as possible afterwards, while it is still fresh in your mind.

Last of all, here is the most important tip: do not be lazy. It is very easy to let what the supervisor is saying just wash over you, perhaps hoping that all will become clear later. **If you don't understand what the supervisor has done, say so.**

5. SUPERVISION REPORTS

At the end of each term, each of your supervisors will lodge a report for you on CamCORS⁷. It has to be released by your Director of Studies before you can read it: this is just a precaution, to cope with the extremely unlikely event of a completely inappropriate report, or a muddling of names, or some other disaster. You will receive an automatic e-mail as soon as a supervision report is available. It is important that you read your reports, and if they don't appear to be there, ask your Director of Studies to investigate. Usually, they will appear (because supervisors are not paid until they file a report), but they might be late in which case they may arrive at a time when your Director of Studies is not expecting them and will not release them without a prod from you.

6. METHODS OF WORKING

Each of you will have to decide individually what method of working suits you: where to work, when to work, how to work. Only you can decide what is best for you. Some like to work in their rooms and some like to work in libraries away from temptations. Some like to work late into the night and some prefer sleep at night. Clearly it is best to pace your work over the week or fortnight between supervisions rather than to leave it to the last moment, especially as you cannot be sure how long the work will take.

An important question to decide early on is whether you want to work alone or sometimes to get together with a friend. The essential thing to remember if you work with someone else is that collaboration must not mean copying or you will lose all the benefit; it is fine to discuss the work but you must have had a good go at it first and it should be an equal partnership with the aim of going further in the time available rather than halving the amount of time you need to spend on the work.

However you work, you should remember that university mathematics should not be regarded as a competitive sport. No one is interested in how quickly you managed to do the problems or your other achievements, and making a big deal out of it can be very discouraging for others not as inwardly confident as you appear. Surveys show that unhelpful comparisons with peers easily become a source of stress and anxiety — so try not to add to the problem (or succumb to it).

Recent advances in AI have changed the ways that many people do lots of different things. Naturally, some of you may wish to use AI in learning mathematics. The Faculty's guidance for the use of AI in the Mathematical Tripos can be found at www.maths.cam.ac.uk/undergrad/files/AI_Guidance.pdf.

⁷Cambridge Colleges Online Reporting System; your Director of Studies will explain about this.

7. WRITING MATHEMATICS

Most mathematicians can write accurate grammatical prose, they understand (for example) why the comma in this sentence should have been a full stop or a semi-colon. There is a grammar to writing mathematics as well. Symbols such as $\forall$, $\Rightarrow$, $\exists$, etc, should be used in a way that makes grammatical sense if read out in full. If you are careless about this, then you will certainly find yourself using sloppy logic as well as sloppy mathematical grammar.

You should try to write in full sentences, using normal punctuation: full stop at the end of a sentence even if it ends in an equation, commas normally in pairs, etc. Sentences should be short and as simple as possible. If you find yourself writing paragraphs of text, then you should consider whether you are writing more than is necessary to explain what you are doing.⁸

You need to be absolutely precise in your mathematical writing.⁹

Finally, remember that you are laying out your thoughts for someone else. You mustn't think 'Well, I'm sure he or she will know what I mean'. The reader may well be able to guess at what you mean but, if the reader is your examiner, this may not get you your marks. In any case, why make your reader do the work?

8. SOLVING PROBLEMS

Mathematics is all about problem solving and the only way to test your understanding of the material is to work through examples. At school, problems were fairly short and the answers came out neatly. As an undergraduate, you will find that many problems take ages to do; even if you know exactly what you are doing, each problem may take a considerable time and several sheets of A4 to complete. (This is as it should be: at research level, problems take months or years to solve or may simply be unsolvable.) Another difference with school work is that here you will normally have only one problem on each topic, whereas at school there were normally many similar problems on each topic perhaps with different numbers in them.

Here are some thoughts on tackling problems.

If you cannot get started on a problem, try the following, in order.

- Reread the question to check that you understand what is wanted. What information is given? What do you need to show with it?
- Reread the question to look for clues – the way it is phrased, or the way a formula is written, or other relevant parts of the question. (You may think that the setters are trying to set difficult questions or to catch you out; nothing could be further from the truth. They are probably doing all in their power to make it easy for you by trying to tell you what to do).
- Simplify the notation – e.g. by writing out sums or vector components explicitly.
- Look at special cases (reduce the number of dimensions, choose special values which simplify the problem) to try to understand why the result is true.

⁸Note: in this sentence, if is followed by then; it sounds a bit stilted here but you should always adhere to this rule in a mathematical sentence.

⁹Kevin Houston's very nice book *How to Think Like a Mathematician* (Cambridge University Press, 2009) starts with the question 'How many months have 28 days?' and then gives the mathematician's answer: 'All of them'.

- Try to understand what it is that you don't understand. For example, look up the definitions of the technical terms – often this will open up new vistas.

Question 3: Expand $(a - b)^3$.

$$\begin{aligned}(a-b)^3 &= (a-b)^3 \\ &= (a-b)^3 \\ &\text{etc.}\end{aligned}$$

Make sure that you understand fully the technical terms used in the statement of the problem.

- Look for a similar problem in your notes or in a textbook.

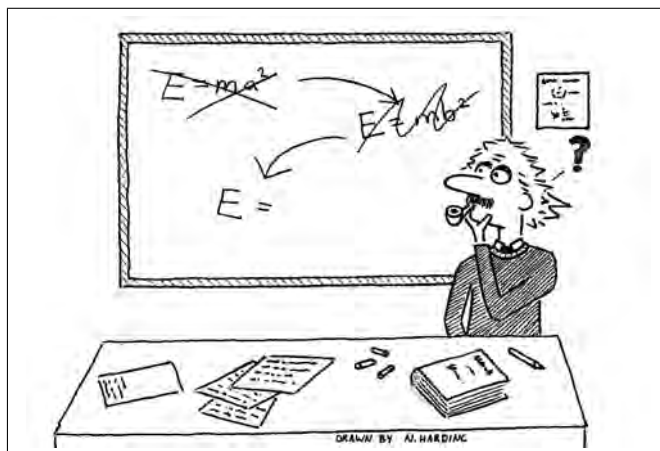
$$\frac{1}{x-8} \rightarrow \infty \text{ as } x \rightarrow 8$$

So

$$\frac{1}{x-5} \rightarrow \infty \text{ as } x \rightarrow 5$$

But make sure that you understand fully the example you are working from.

- Write down your thoughts – in particular, try to express the exact reason why you are stuck.



Solving problems: write down your thoughts ...

- Go onto the next question and go back later.
- Take a (short!) break. Littlewood (distinguished Cambridge mathematician and author of the highly entertaining *Mathematicians Miscellany* — dip into it in your college library, ignoring the last section if it is a recent edition) used to work seven days a week until an experiment revealed that when he took Sundays off the good ideas had a way of coming on Mondays.

- Ask a friend or the internet (but make sure you still think it through yourself – neither friends nor the internet are infallible). BUT: remember that following someone else’s solution (whether by supervisor, lecturer or friend) is not remotely the same thing as doing the problem yourself.

This last point is important: once you have seen someone else’s solution to an example, then you are deprived, for ever, of most of the benefit that could have come from trying it yourself. Even if, ultimately, you get stuck on a particular problem, you derive vastly more benefit from seeing a supervisor’s solution to a problem with which you have already struggled, than by simply following a solution to a problem to which you’ve given very little thought.

If you have got started but the answer doesn’t seem to be coming out then check your algebra. In particular, make sure that what you have written works in special cases. For example: if you have written the series for $\log(1 + x)$ as

$$1 - x + x^2/2 - x^3/3 + \dots$$

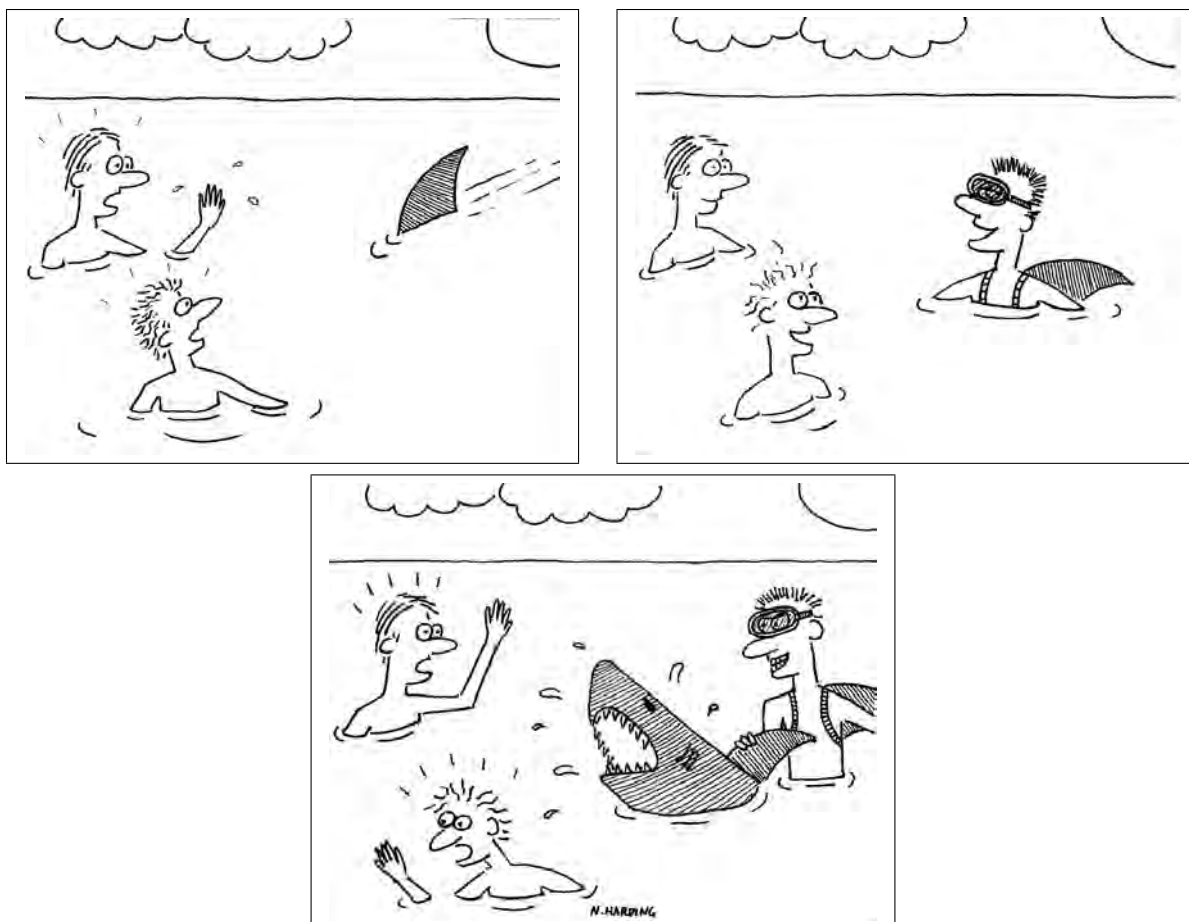
then a quick check will reveal that it doesn’t work for $x = 0$; clearly, the 1 should not be there.

You should also make sure that what you have written makes sense. For example, in a problem which is dimensionally consistent, you cannot add x (with dimensions length, say) to x^2 or $\exp x$ (which itself does not make sense). Even if there are no dimensions in the problem, it is often possible to mentally assign dimensions and hence enable a quick check.

Be wary of applying familiar processes to unfamiliar objects (very easy to do when you are feeling at sea): for example, when dealing with matrices, it is all too easy to write **AB** instead of **BA** with nice simplifications in view; or to solve the vector equation $\mathbf{a} \cdot \mathbf{x} = 1$ by dividing both sides by $\mathbf{a}$. If your calculations seem to be all right, then go over the steps above.

If you are *not* stuck, then:

- Write out the solution fully; it is not good enough just to glance at an example and skip it if it looks easy.
- Look back over what you have done, checking that the arguments are correct and making sure that they work for any special cases you can think of. It is surprising how often a chain of completely spurious arguments and gross algebraic blunders leads to the given answer.
- Make sure that you are not unthinkingly applying mathematical tools which you do not fully understand.
- Try to see how the problem fits into the wider context and see if there is a special point which it is intended to illustrate.
- Make sure that you actually understand not only what you have done, but also why you have done it that way rather than some other way. This is particularly important if you have worked from a similar example in the notes (or if you sought advice from a friend).



Solving problems: some problems may have hidden depths.

9. TIME-MANAGEMENT AND WORKLOAD

In the Michaelmas and Lent Terms of your first year, you have 12 lectures a week. There are 4 example sheets per lecture course, each usually associated with an hour-long supervision; hence you can expect to have about 4 supervisions a fortnight.¹⁰ Aside from lectures and supervisions, you are responsible for organising the rest of your time to make the most of your studies (while also enjoying some of the other opportunities Cambridge offers). The sudden increase in personal autonomy is one of the biggest differences between school and university, and you should find it liberating and an opportunity for growth rather than intoxicating or even unsettling.

Here's a few tips, some picking up on comments earlier in the booklet, on how to work efficiently and avoid last-minute crises:

- Set aside some time every day to go over your lecture notes so that you understand the material before going to the next lecture.
- Start example sheets as soon as possible (assuming the lecturer has covered the relevant material¹¹) and not the day before they need handing in — if an example

¹⁰Sometimes the 4th supervision on a course is given at the start of the following term.

¹¹Lecturers often hand out example sheets, or post them on the course Moodle page, when they have covered the material for some, but not all, of the questions.

sheet turns out to be surprisingly straightforward you'll be glad to have it out of the way; if, as is much more likely, the problems turn out to be harder than expected, you'll be glad to have time to think about them properly and not under the pressure of a looming deadline.

- (related to the above) Your supervisions may not be evenly distributed through each fortnightly cycle, but try to make sure that your supervision work is; on average you only need to do 1/3 of an example sheet per day.
- Try to work solidly for a couple of hours and then take a short break before coming back to it.
- Your productivity may shoot up remarkably if you turn off email, Facebook and other social media so you can work more effectively without interruption.
- Remember Littlewood's experience (page 7): more work produces better results up to a point, but productivity falls off rapidly beyond that point. Try to work out where the point is for you and stay on the right side of it; if taking Sundays off isn't for you, then some outdoor recreation or exercise can be a marvellously therapeutic way of resting and refreshing the brain.
- Finally, beware procrastination and self-deception; 'I'll do that later' is much easier said than done in a busy term!

It is impossible to say how many hours an example sheet *should* take since this can vary greatly from one student to another and from one course to another. You may find Analysis I easier than Dynamics & Relativity, while the opposite is true for your friend.

In a recent survey of first-year mathematicians, their estimates of the total time spent on study (i.e. lectures, supervisions, re-reading notes and doing example sheets) had an interquartile range of 34–48 hours per week, showing that there are wide variations (possibly in all of efficiency, effort and self-estimation). Hence, you should do what is necessary and appropriate for your own understanding and progress, and not worry about whether others are spending more or less time. If you are concerned that you regularly need to study for significantly more than 48 hours per week in total then you should seek advice from your Director of Studies.

10. EXAMINATIONS

The examinations are designed to test your knowledge of the courses you have attended rather than your ability to jump through mathematical hoops. Nevertheless, strategy matters. Extreme marks (either high or low) are available in mathematics examinations, which means that playing the cards you hold to best advantage is of vital importance.

Here are some thoughts; you've heard them all before, but that does not make them any less worth saying. The examinations may be some way off, but you will find that good examination technique can be acquired over the course of the year by making suitable preparations and developing good habits. (For example, the first two points assume that your year's work is in good order.)

- For revision, work through examples while reading the relevant section of your notes (just reading is not enough).
- If you get stuck on a problem, hold off the temptation to look up the solution online; once you see a solution to a problem, you forever lose the chance to solve it yourself.

- For last minute preparation, look through your supervision work to remind yourself how to do questions.
- In the examination, above all, stay cool – if it is hard for you, it is probably hard for everyone.
- Don't rush into a question – read the whole paper carefully and start with the question you feel most confident about.
- Analyse exactly what you are being asked to do; try to understand the hints (explicit and implicit); remember to distinguish between terms such as explain/prove/define/etc.
- Remember that different parts of a question are often linked (it is usually obvious from the notation and choice of variables).
- Set out your answer legibly and logically (don't scribble down the first thought that comes into your head) – this not only helps you to avoid silly mistakes but also signals to the examiner that you know what you are doing (which can be effective even if you haven't the foggiest idea what you are doing).
- If you get stuck, state in words what you are trying to do and move on (at A-level, you don't get credit for merely stating intentions, but university examiners are generally grateful for any sign of intelligent life).

11. FEEDBACK

You will have plenty of opportunities to express your views. **Please use them, even if it is too late for you to benefit.** Lecturers want to give you the best course possible and welcome constructive feedback on both style and content. You must share the responsibility.

Two weeks into each course, you will receive a very brief electronic questionnaire to check things are going ok. Towards the end of each course, the lecturer will distribute more detailed questionnaires and allow a little time in one lecture for you to fill them in. There will also be an electronic questionnaire at the end of the year. In addition, you can at any time e-mail the faculty feedback line (feedback@maths.cam.ac.uk). Your e-mail will be received by the Director of Undergraduate Education and the Chair of the Teaching Committee who will either deal with your comment, or pass your e-mail (after stripping out any clue to your identity) to the relevant person. Your e-mail will be acknowledged and you will receive a response if appropriate. If you do not require a response and would like to remain entirely anonymous, you can instead go to www.maths.cam.ac.uk/feedback.html; again, your message will be directed to the appropriate person, but you will not know the result.

In all cases:

- Try to be specific.
- Make comments which the lecturer can act on.
- Resist the temptation to be rude and/or clever.
- Resist the temptation to make personal comments about the lecturer and his or her appearance (although if you have found some mannerisms distracting, you might want to mention it).
- Bear in mind that it takes a great deal of time and effort and thought to produce a lecture course plus examples sheets and handouts.
- Remember that you are only giving opinion: even if you hated the course others may have enjoyed it.

- Be aware that a course you found dull or incoherent or difficult may seem very different when you come to revise it.
- Bear in mind that some aspects of the course may depend on the syllabus as well as on the way the lecturer chose to give it.

The following comments are taken from questionnaires from some years ago (lecturers change after about 3 years). Judge for yourself which ones are useful (and note that some tell us more about the student than about the course or lecturer).

Vector Calculus, Lent 201 n , Prof x :

- (1) The structure of this course was a bit odd. The last bit about tensors was good but slightly difficult and a bit too short to get some appreciation of how to deal with them, esp. in exam questions.
- (2) Everything was well explained, and I liked the fact that x would take time to lecture some non-examinable material to help keep the material interesting. Just learning methods can be a little tedious at times, but x helped make the lecture course very interesting.
- (3) Really struggled with this lecturer, I can't put my finger on exactly what it was but I didn't seem to understand anything he spoke about until my supervisor explained it a second time.
- (4) Some things not very well justified.
- (5) Correct statements and definitions would have been welcome.
- (6) Pretty solid lecturer in x , if maybe a bit much time was taken up on not-terribly-relevant issues. Exam questions were a little erratic.

12. AND FINALLY ...

Mathematics is difficult. However, it is no more difficult than anything else – just difficult in a different way.¹² Most people cannot read a chapter of a maths book and expect to end up with a decent understanding of the material. It has to be worked at, line by line. Don't be discouraged: it is just a different way of learning and no worse than the wading through of hundreds of often contradictory textbooks that many of your friends in other Triposes will have to suffer. And there are few more satisfying (academic) achievements than the successful proof of a tricky mathematical proposition.

¹²If you would like more advice than could fit in this booklet then *How to study for a mathematics degree* by Lara Alcock (OUP 2012) contains plenty of good stuff, including a part on 'Things your mathematics lecturer might forget to tell you'! *How to think like a mathematician* by Kevin Houston, mentioned earlier, may also be helpful.