

FACULTY NEWS BULLETIN

4 February 2021

ANNOUNCEMENTS

Congratulations to Eric Lauga on his selection by the APS as a Lead Editor, along with Beverley McKeon (Caltech), for the [Physical Review Fluids](#) as of 1 February 2021.



PhD Approvals

Many congratulations to the following student who has recently completed their PhD:

Robert Tovey	DAMTP	Mathematical Challenges in Electron Microscopy
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Researchfish – 2021 submission

This notice applies to those who receive funding from the following sources: URIK (AHRC, BBSRC, ESRC, MRC, NERC, EPSRC, STFC), BHF, CRUK, Cystic Fibrosis Trust, NIHR, Alzheimer's Research UK, NC3Rs, Rosetrees Trust, and the UK Space Agency.

This year's [Researchfish](#) submission period runs from **Monday 1 February - 4.00pm on Thursday 11 March**. Please read the information supplied on the Researchfish website and respond to the email you should have received about making your submission. You are required to make your submission before the deadline.

All major funders have reviewed their exemption and sanction policies to take account of those individuals who are unable to report during the 2021 submission window. We have summarised below, but further details can be found on the Research Office website <https://www.research-operations.admin.cam.ac.uk/managing-research-projects/research-projects-start-end/final-reporting/research-outcomes-and>.

David Crighton Fellowship

Due to the restrictions of the pandemic, the David Crighton Fellowship Competition is in abeyance until further notice.

EVENTS

Cambridge Centre for Physical Biology Seminar

10 February, 2.30pm via Zoom

Dr Tim Russell, London School of Hygiene & Tropical Medicine, will be discussing, "Mathematical modelling of the COVID-19 pandemic: using a range of simple and complex models to get the most out of the available data." Click [here](#) to register for the Zoom link.

LGBT+ History Month

February is **LGBT+ History Month** and events are happening across the University and Colleges throughout the month to raise awareness and advance education on matters affecting lesbian, gay, bisexual and transgender people. Talks, film nights and book clubs will explore the experiences of the LGBT+ community, discuss significant moments in queer history and honour those who have worked to promote equality and diversity. To see what events are available, please see this [link](#).

Race Awareness: Whiteness and Being an Antiracist Ally

A two-part seminar looking at developing practical tools to become an antiracist ally. The sessions will be thought-provoking and will provide an opportunity for us to speak about race, to recognise racism and develop tools to challenge it. While the session may be most helpful to white colleagues, everyone is warmly invited to attend.

Sessions will be held on the following dates: 15 & 17 February, 10 - 11am - book [here](#).
4 & 5 March, 12noon - 1pm - book [here](#).
7 & 9 April, 11- 12noon - book [here](#).

Stress and Anxiety Sessions

A series of four workshops designed to help participants build sustainable practices to support their wellbeing and resilience in the face of life's inevitable stresses.

Each session in the series is designed as a stand-alone workshop, so participants can book on to all four workshops or just one on its own.

Originally run in November 2020, and being repeated due to their popularity, **Euan Ambrose** and **Sarah Hughes** from the Staff Counselling Centre, will introduce each session - an edited recording of the original event - and will be available to answer questions.

The original full-length recordings can be found on the [Wellbeing Stream Channel](#).

Workshop 1: Introduction to Stress and Anxiety

Thursday 25 February, 1.00 - 2.00pm

This first workshop will be an opportunity to learn about stress and anxiety and begin to think about our own experiences. Book your place [here](#).

Workshop 2: The Worried Mind

Thursday 4 March, 1.00-2.00pm

The focus of this workshop will be on worry and anxious thoughts and how they impact on our wellbeing. Book your place [here](#).

Workshop 3: What Triggers Anxiety?

Thursday 11 March, 1.00 -2.00pm

This session will take a deeper look at stress and anxiety, work on what our triggers are, and any behaviours that might maintain an anxious state. Book your place [here](#).

Workshop 4: Managing Workplace Stress

Thursday 18 March, 1.00 - 2.00pm

This final workshop will take a look at the various causes of workplace stress, its tell-tale symptoms, and ideas for stress-management and self-care. Book your place [here](#).

GENERAL INFORMATION

Postdocs of Cambridge (PdOC)

For recent new post docs, Postdocs Of Cambridge (PdOC) is the Cambridge University Society for postdoctoral research staff and Junior Research Fellows (JRFs). PdOC represents postdocs in career development, contract research conditions, college affiliation, and social and sporting issues. All Cambridge postdocs are welcome to join, and there is no membership fee. Despite not being able to currently meet in person, PdOC are running online courses and events, please click [here](#) for more information.

StayActive Cambridge

With the global pandemic causing a rapid adoption of digital technology, the University Sports Centre are delighted to announce that our #StayActiveCambridge programme is continuing.

Each week they will be posting engaging health and fitness content direct to their Youtube channel. What's more, it's free! You can subscribe on [Youtube](#) directly, join their closed [Facebook group](#) of likeminded individuals or check out any of their other social media platforms (**@camunisport**) to stay up to date with session releases.

You can find out more, including the programme, on the Stay Active Cambridge [webpage](#).