



1. The CMS remains fully open. Some precautionary behaviours and measures to reduce the risks of transmission of respiratory illnesses, such as Covid 19, remain. This assessment will be subject to regular re-evaluation.
2. The University's Safety Office has provided guidance for '**Reducing respiratory communicable disease transmission in the workplace**'. This guidance recognises that the risk of infectious disease spread within the workplace still exists and some good practice initiatives should still be considered. (<https://www.safety.admin.cam.ac.uk/system/files/hsd097m.pdf>)

Face Coverings

3. Whilst there is no legal requirement for face coverings, individuals may choose to wear them in the CMS and in lecture theatres. Please show ongoing consideration for colleagues who remain at an increased risk from catching any communicable disease and those that wish to continue wearing face coverings.

CMS attendance

4. You should NOT come into the CMS when presenting Covid or Flu-like symptoms of respiratory infections, and particularly when experiencing a high temperature. Staff should work from home if they are able and feel well enough to do so, or take time off to recover fully before returning to the workplace. You can work/study from home if and when you feel well enough to do so. See [Public health advice for those with symptoms of respiratory infection including COVID-19](#).
5. If you have respiratory symptoms you no longer need to let the University know. However, if you are a student and need help to avoid contact with others, you should let your College know. The COVID Helpdesk, now renamed the Communicable Disease Helpdesk, will remain open to advise staff and students (and can be emailed on covid-helpdesk@admin.cam.ac.uk; Tel: 01223 339514).

Ventilation

6. The CMS ventilation guidance provided [here](#) provides a set of relatively simple measures that balance the risk of airborne transmission, utility of spaces and thermal comfort within CMS.
7. You are strongly encouraged to open windows and office vents to improve ventilation.
8. The Central Core will remain well ventilated. Measures have been taken to improve the ventilation in common rooms and the installed CO₂ monitors, with visual indicators, will remain in place.

Social Distancing

9. Denser room occupancy increases sources of aerosol and therefore the risk of transmission to those present. Consider using larger spaces for meetings; always select the biggest room available and use the whole space to increase the distance between occupants.
10. Staff/students are encouraged to leave work areas for break times and lunch to allow for purging of the workspace.

Hygiene

11. Hand sanitiser and wipes will be still be provided to enable individuals to sanitise their seating area/desk before and after use in meeting rooms and when using kettles, microwaves, fridges and taps in the common rooms
12. CMS users should continue to wash their hands regularly